

# Stand: Don't face your fears alone

Courage is being brave enough to do what you should, even when you're afraid.



## Week One

### Joshua and Caleb

Numbers 13-14

What are people afraid of?

## Week Two

### David Anointed/Goliath

1 Samuel 16:1-13 and 1 Samuel 17:1-51

What seems impossible to you?

## Week Three

### Daniel Is Thrown Into a Den of Lions

Daniel 6

What is the bravest thing you've ever done?

## Week Four

### Esther

The Book of Esther

When have you done something you were afraid to do?

### MEMORY VERSE

"Be strong and brave. Do not be afraid. Do not lose hope. I am the LORD your God. I will be with you everywhere you go."  
Joshua 1:9b, NIRV



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# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, encourage them by saying something like: "I saw you being brave when you . . ."



## Meal Time

At a meal this week, have everyone answer this question: "What are people afraid of?"



## Drive Time

While on the go, ask your kid: "What is something brave you saw or heard about someone doing?"



## Bed Time

Pray for each other: "God, even when other people around us are scared, help us to be brave and to trust in You. Whether that's making the right choice, being kind to someone, or whatever it may be."



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